

New Hire Company Driver: **2018 Online Training Curriculum**

E-TRAIN30DAY2018

HOS New Series: Part 2-

The 14 Hours Window/11 Hour Limit/60-70 Hour Duty Limit (5:36)

HOS New Series: Part 3- The 30 Minute Break and 34 Hour Restart (3:19)

HOS New Series: Part 6- The Driver's Daily Log Book (8:51)

CSA BASIC Drivers Series: Part 6- HOS Compliance (4:45)

Seatbelts (4:43)

Distracted Driver Awareness: No Device Allowed (5:08)



30 Days

E-TRAIN60DAY2018

Speed Management (17:15)

Approaching Intersections: Part 1 (7:50)

Approaching Intersections: Part 2 (6:38)



60 Days

E-TRAIN90DAY2018

Tailgating (6:54)

Changing Lanes (5:10)

Three Points of Contact (6:02)

Cargo Securement (3:10)

Cargo Door Safety (5:43)



90 Days

E-TRAIN6M02018

Fatigue Management: Part 1 (7:53)

Fatigue Management: Part 2 (7:00)

Exterior Power Unit and Trailer Inspection (7:43)

Entering and Exiting Truck Cab: Hurry Now, Wait Later (3:08)

Cabin Interior: Pre-Trip Checklist (6:27)



6 Months

Reminders:

All lessons are available at Vertical Alliance.
Assignments are due the first of the month after each milestone.
Do you have questions about the curriculum? Contact your manager.